

THERE'S A *Chef* IN MY KITCHEN™

THE GLUTEN-FREE COOKING COLLECTION

Shopping List

RISOTTO WITH WILD MUSHROOMS & SPINACH

PANTRY STAPLES

- Dry Italian seasoning (or 1 bunch of fresh parsley or basil)
- Extra virgin olive oil
- 2** cartons (32 oz each) of chicken or vegetable broth
- Red pepper flakes
- 8 oz of crimini mushrooms
- 8 oz of shiitake mushrooms
- 1** medium onion
- 32 oz of spinach
- 1** 3 oz bag of sundried tomatos
- 1** bulb of fresh garlic
- 16 oz arborio rice
- 1** wedge fresh parmesan (optional)